



Book List for Children and Adults about Child Abuse

The following books are available at the Deschutes Public Library or can be found or ordered through local bookstores.***

For Children

- *Freeman, L. (1982). It's My Body: A book to teach young children how to resist uncomfortable touch.
- **Gil, E. (1986) I Told My Secret: A Book for Kids Who were Abused.
- *Girard, L.W. (1984). My Body Is Private.
- *Hindman, J. (2002). A Very Touching Book.
- **Holmes, M. (2000). A Terrible Thing Happened.
- *Kleven, S. (1997) The Right Touch: A Read Aloud Story to Help Prevent Child Sexual Abuse
- **Ottenweller, J. (1991) Please Tell! A Child's Story About Sexual Abuse
- *Sherman, J. Because It's My Body
- *Spelman, C. (1997). Your Body Belongs To You.
- *Wachter, O. (2002). No More Secrets.

For Teens:

- *Lehman, C. (2005) Strong at the Heart: How it Feels to Heal from Sexual Abuse
- **Levy, B. (1997) In Love and Danger: A Teen's Guide to Breaking Free of Abusive Relationships
- **Mather, C. (1994) How Long Does It Hurt? A Guide to Recovering from Incest and Sexual Abuse for Teenagers, Their Friends, and Their Families
- *Pledge, D. (2003) When Something Feels Wrong: A Survival Guide about Abuse for Young People

(list is continued on other side)



For Adults:

*Bass, E. (1994) The Courage to Heal: A Guide for Women Survivors of Child Sexual Abuse

*Brohl, K. (1988) When your Child has been Molested: A Parent's Guide to Healing and Recovery

Davis, L. & Bass, E. (1993* & 2003**) Beginning to Heal: A First Book for Survivors of Child Sexual Abuse

*Davis, L. (1991) Allies in Healing: When the Person you Love was Sexually Abused as a Child

*Engel, B. (1991) The Right to Innocence: Healing the Trauma of Childhood Sexual Abuse

*Gil, E. (1988) Outgrowing the Pain: A Book for and about Adults Abused as Children

*King, N. (1995) Speaking Our Truth: Voice of Courage and Healing for Male Survivors of Childhood Sexual Abuse

*Lew, M. (1990) Victims No Longer: Men Recovering from Incest and Other Sexual Child Abuse

*Maltz, W. (2001) The Sexual Healing Journey: A Guide for Survivors of Sexual Abuse

*Sonkin, D. & Walker, L. (1998) Wounded Boys, Heroic Men: A Man's Guide to Recovering from Child Abuse

