



## Little things can mean a lot to little people.

If there's a child in your life, small gestures from you can have a big impact on his or her self esteem and emotional well being. Spend a little time, share a little fun. It's easy:

1. Read a book together
2. Go for a walk
3. Use good manners
4. Share stories from your childhood
5. Help with homework
6. Tackle a special project together
7. Get to know his or her friends
8. Listen



### **Blue Ribbon Campaign**

For more information, call the KIDS Center  
at 383-5958 or visit [www.kidscenter.info](http://www.kidscenter.info)

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